



The Goal Is Oneness

You heard the minute.
Now let's go deeper.

Marriage is about much more than sharing a home, paying bills, raising children, or building a life together.

From the beginning, God designed marriage as a covenant relationship between one man and one woman becoming one.

*“Therefore a man shall leave his father and mother and be joined to his wife,
and they shall become one flesh.”*

GENESIS 2:24

THE VISION

The Goal Is Oneness

The goal of marriage isn't simply staying married.
The goal is becoming one.

01

Spiritually

Pursuing God together.

02

Emotionally

Knowing and caring for one another's hearts and feelings.

03

Relationally

Communicating, understanding, connecting, forgiving, and growing together.

04

Physically

Maintaining affection, intimacy, and exclusive devotion to one another.

You can live in the same house, sleep in the same bed, raise the same children, and still slowly drift apart.

ONENESS MUST BE CULTIVATED.

THE SOURCE

Love Flows Vertically Before It Flows Horizontally

First Corinthians 13 describes a remarkable kind of love.

PATIENT

KIND

NOT SELF-SEEKING

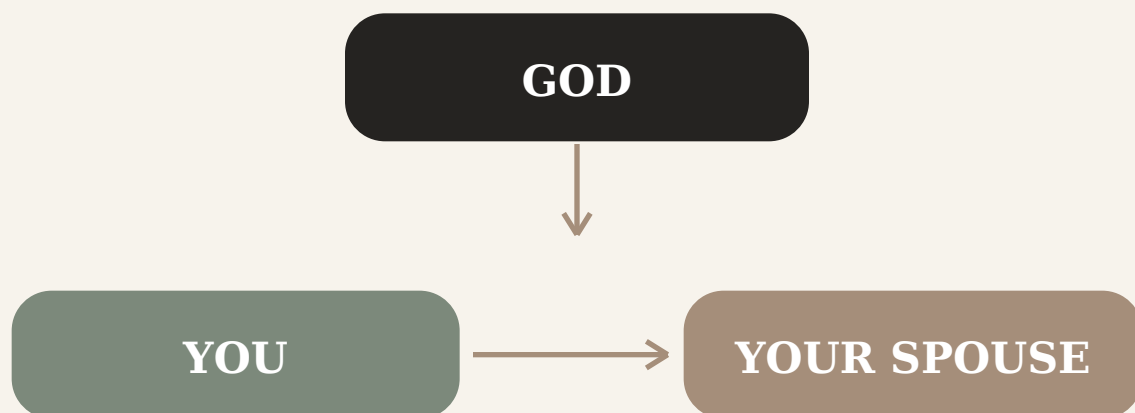
KEEPS NO SCORE

PERSEVERES

NEVER FAILS

But here's something important:

We cannot continually give unconditional love horizontally without continually receiving God's love vertically.



The healthier our relationship with God becomes, the greater our capacity to love our spouse from something deeper than emotion.

Marriage Needs More Than Feelings

There will be days when you don't feel patient.

Days when kindness requires intentionality.

Days when forgiveness costs you something.

That's when marriage needs the love of God working within us.

THREE ENEMIES OF ONENESS

SELFISHNESS

Turns "us" into "me."

ISOLATION

Causes us to withdraw rather than work through difficulty together.

ASSUMPTION

Convinces us we already know what our spouse meant, thought, or felt without ever asking.

Assumption is a relationship killer.
Healthy marriages replace assumption with communication.

YOUR MARRIAGE MATTERS CHALLENGE

Ten Minutes. No Distractions.

Today, take ten uninterrupted minutes with your spouse. Put the phones away.

“How are we doing?”

Then ask:

*“Is there anything you need from me
that I haven’t noticed?”*

DON'T DEFEND

DON'T CORRECT

DON'T SOLVE IMMEDIATELY

LISTEN.

*Oneness grows when two people continually choose to
move toward one another.*



SOMETHING TO TALK ABOUT

Move Toward Each Other

1

Where are we experiencing the greatest oneness right now?

2

Where have we begun drifting?

3

Which enemy shows up most easily: selfishness, isolation, or assumption?

4

What is one thing we can do this week to intentionally move toward each other?

REMEMBER

Don't just work on your marriage.

Work on your walk with God.

Because the stronger the vertical relationship becomes, the more love we have available for the horizontal relationship.

Marriage Matters... because every great marriage is built one minute at a time.